

## Oregon Heart Rate Monitor - Vibra Fit Pro - SE232



Product Name: Oregon Heart Rate Monitor - Vibra Fit Pro - SE232

Manufacturer: -

Model Number: PGIFTSO442

Lightweight and comfortable, Oregon Scientific's heart rate monitor transmit your pulse data to the accompanying wristwatch. The heart rate monitor helps make the most of your workout routine and keep you at your optimal exercise level. Vibra Fit Pro Trainer SE232 A Heart Rate Monitor with the new innovative, vibrating heart zone alarm feature. This is particularly useful when exercising to music i.e. with an MP3 player or noisy gym environments. When you reach the pre programmed heart rate zones the watch gently vibrates to prompt you. The CARDIO VIBRO TRAINER allows the user to enter age, sex, weight, height and activity level. The "SMART Trainer" programme will then provide realistic HR limits for the user, with a 5 min warm up and 30 min exercise. Any parameter can be changes to suit the user fitness level or ability This heart rate monitor also give an indication of calories burnt, % of time spent in selected zone and average heart rate. Similar Features to the Se211 but includes 99 lap memory, BMI calculator, manually programable Heart zone limits and personalised exercise sessions

Features

- Mens Size, Coded Heart Rate Monitor Watch with unique vibration alert function
- Communicates using coded digital transmission for more accurate reading of heart rate. As well as audible alerts this watch will vibrate on your wrist to alert that you are out of your target zone
- Displays real-time average & maximum heart rate readings
- SMART training program with warm up and warm down timer
- Up to 3 personalised exercise sessions
- Heart rate limits can be programmed manually as well
- Stopwatch range of 99:59:59 with 99 lap memory with split function
- Measures real-time calories & % fat burn
- Calculates BMI (Body MASS Index)
- Fitness Index
- Clock, calendar and dual alarms
- Low battery indicator
- Key lock function, silent function
- HiGlo™ backlight
- User selectable units of measurement
- Water resistant up to 50 meters. Chest belt is splash proof
- Storage pouch, Bike mount & Digital chest belt included

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Vibra Fit Trainer SE211 A Heart Rate Monitor with the new innovative, vibrating heart zone alarm feature. This is particularly useful when exercising to music i.e. with an MP3 player or noisy gym environments. When you reach the pre programmed heart rate zones the watch gently vibrates to prompt you. The CARDIO VIBRO TRAINER allows the user to enter age, sex, weight, height and activity level. The "SMART Trainer" programme will then provide realistic HR limits for the user, with a 5 min warm up and 30 min exercise. Any parameter can be changes to suit the user fitness level or ability This heart rate monitor also give an indication of calories burnt, % of time spent in selected zone and average heart rate. Features

- Mens Size, Coded Heart Rate Monitor Watch with unique vibration alert function
- Coded Heart Rate Monitor Watch with unique vibration alert function. Chest belt communicates using coded transmission for more accurate reading of heart rate
- Audible alerts and this watch will vibrate on your wrist to alert that you are out of your target zone
- Displays real-time average & maximum heart rate readings
- SMART training program with warm up and warm down timer
- Stopwatch range of 99:59:59
- Measures real-time calories & % fat burn
- Fitness Index
- Clock, calendar and dual alarms
- Low battery indicator
- HiGlo™ backlight
- User selectable units of measurement
- Water resistant up to 50 meters. Chest belt is splash proof
- Storage pouch & chest belt included
- Self-change battery

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Vibra Trainer Elite SE212 The Oregon Scientific SE211 heart rate monitor allows the user to enter age, sex, weight, height and activity level. The "SMART Trainer" programme will then provide sensible HR limits for the user, with a 5 min warm up and 30 min exercise. The user can change any of these parameters if

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they wish to use their own figures. These units also give an indication of calories burnt, fat burning optimisation as % calories coming from fat burning, % of time spent in selected zone and average heart rate. Features • Mid Size, Smaller more compact, ideal for smaller wrists • Coded Heart Rate Monitor Watch with unique vibration alert function. Chest belt communicates using coded transmission for more accurate reading of heart rate • Audible alerts and this watch will vibrate on your wrist to alert that you are out of your target zone • Displays real-time average & maximum heart rate readings • SMART training program with warm up and warm down timer • Stopwatch range of 99:59:59 • Measures real-time calories & % fat burn • Fitness Index • Clock, calendar and dual alarms • Low battery indicator • HiGlo™ backlight • User selectable units of measurement • Water resistant up to 50 meters. Chest belt is splash proof • Storage pouch & chest belt included • Self-change battery

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SmartHeart Heart Rate Monitor SE200 An easy-to-use, compact heart rate monitor Perfect for the entry-level user, the SE200 is an easy-to-use heart rate monitor for men or women. The included chest belt transmitter is designed to fit snugly against the skin, and sends analog heart rate data wirelessly to the compact watch receiver. The watch is designed with a small case size and thin straps for those with smaller bone structures. Features Visual Heart Rate Zone Alert: Upper and Lower Zones Stopwatch with count-up timer Clock/date/day Alarm EL Backlight Low battery detection SmartHeart Heart Rate Monitor 5.47 Mb Manual for SE200/BLRBK HRM W/VISUAL ZONE ALERT

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SmartHeart Heart Rate Monitor SE102 An easy-to-use, compact heart rate monitor SE102 is an entry-level heart rate watch with basic heart rate measurement and calories burned features. With a simple tap on the lens of this product, you can change the readouts to display relevant information. The included chest belt transmitter is worn comfortably against the skin. The chest belt picks up the heart signals, and sends them wirelessly to the watch. The watch unit receives and shows heart rate signal. The upper and lower heart rate zone alarm can be programmed as a visual or vibrating alert. Features Heart Rate Measurement: Analog Heart Rate System Heart Rate Zone Alert: Upper and Lower Zones Stopwatch Visual and audio alert Vibrator alert Tap On Lens (TOL) function User profile: Gender, Age, Height, Weight, Exercise Habit, and Fitness Index Instant Percentage Heart Rate (%HR) Calories burned Average heart rate Clock/date/day Alarm EL Backlight Key lock Silent mode Buzzer (beep tone) Low battery detection Water resistant SmartHeart SE102 Heart Rate Monitor 2.26 Mb Manual for SE102/BLRBK-LS ENTRY HRM

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Heart Rate Monitor Watch HR102 Maximize your workout! This monitor is both lightweight and comfortable, and includes a chest strap to continuously transmit your heart rate to the accompanying wristwatch. You can view your heart rate on the LCD screen allowing you to maximize your workout and stay within your personal zone limit. Features Wireless chest strap transmits heart rate to accompanying wristwatch Measures heart rate from 30-240 beats per minute Illuminated with HiGlo™ electro-luminescent backlight Clock with alarm, month/day/date display Stopwatch with hr/min/sec display Includes carrying pouch & bicycle or exercise mount Water resistant up to 100 feet Batteries included: 1 – CR2032 (watch): 1 – CR2032 (chest strap) Heart Rate Monitor Watch 263.57 kb Manual for HR102/BLRBK-LS HR MONITOR

**Price: R1,198.80**

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*Availability: This product was added to our catalog on Thursday 01 January, 1970*